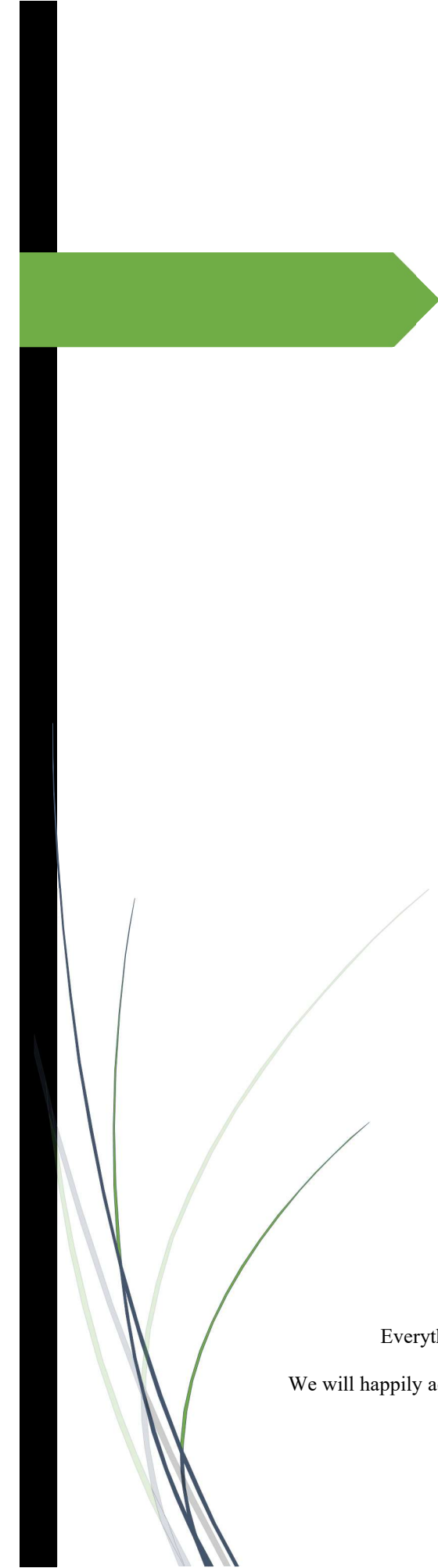




JJ's CATERING MENU



JJ's Salades
5847 Ch. Côte des Neiges
Montreal, Quebec
H3S 1Z2
514-733-7000
www.jjssalades.com
catering@jjssalades.com

Everything at JJ's Salades Etc is made in house or sourced from the finest of suppliers.
We will consider all custom dining ideas and requests
We will happily acknowledge all dietary and allergy restrictions. Please advise us of any in your party/group
Prices subject to change without prior written notice
Delivery available - Delivery fees will apply

JJ's SIGNATURE SALADS

Serves 12 persons

FIDDLERS GREEN	40
Romaine, Spring Mix, Cherry Tomatoes, Celery, Cucumber, Carrots, Endives & Pita Chips	
Red Wine Vinaigrette	
CAESAR	40
Romaine, Kale, Cucumber, Crispy Onions, Parmesan & House Croutons	
Caesar Vinaigrette	
BROOKLYN CHOP	40
Romaine, Cauliflower, Hearts of Palm, Radish, Beets, Chickpeas, Broccoli & Pita Chips	
Red Wine Vinaigrette	
SCANDINAVIAN	40
Romaine, Arugula, Carrots, Cherry Tomatoes, Cucumbers, Radish, Red Pepper & Walnuts	
Red Wine Vinaigrette	
YALLA	40
Spring Mix, Quinoa, Cherry Tomatoes, Cucumbers, Red Peppers, Grapes & Crunchy Chickpeas	
Sumac Vinaigrette	
KYOTO	44
Spring Mix, Napa Cabbage, Purple Cabbage, Edamame, Cherry Tomatoes, Avocado, Green Onions & Crunchy Noodles	
Miso Sesame Vinaigrette	
SHANGHAI	44
Romaine, Brown Rice, Broccoli, Carrots, Cucumber, Mandarin, Avocado & Sesame Seeds	
Tamari Vinaigrette	
HERCULES	44
Spring Mix, Kale, Brown Rice, Cherry Tomatoes, Broccoli, Avocado, Feta & Pumpkin Seeds	
Apple Vinaigrette	
KENNY KOB	44
Romaine, Spring Mix, Cherry Tomatoes, Green Onions, Bacon, Hard Boiled Egg & Pita Chips	
Balsamic Vinaigrette	
LE BISTRO - <i>NEW</i>	44
Spring Mix, Kale, Hearts of Palm, Radish, Green Apple, Bocconcini & Walnuts	
Apple Vinaigrette	
GREEK - <i>NEW</i>	45
Romaine, Cherry Tomatoes, Red Onions, Cucumbers, Black Olives, Pickled Carrots & Feta	
Sumac Vinaigrette	
JUANA-LISA	45
Romaine, Black Beans, Corn, Cherry Tomatoes, Pickled Red Onions, Avocado, Feta & Tortilla	
Serrano Vinaigrette	

CANOPE

Mini Vegetable skewers	1.85
Mini Bruschetta with toast bites	1.95
Vegetable potstickers w/peanut sauce (2) - <i>NEW</i>	1.95
Mini Grilled Tofu skewers	2
Avocado Toast w/LF cream cheese & cucumber	2.5
Roasted Eggplant & Red Pepper w/maple miso glaze	2.5
Tomato, Basil & Bocconcini skewers w/balsamic red	2.75
Polenta diamonds w/herbed ricotta & mushroom	2.75
Mushroom caps stuffed w/herbed ricotta	2.85
Mini Chicken skewers	2.95
Mini "Wilensky" specials	3.5
Mini Beef sliders w/caramelized onions	3.5
Vegetable Spring rolls (2) - <i>NEW</i>	3
Mini Szechuan chicken & Broccoli skewers - <i>NEW</i>	3.5
Mini General Tao skewers - <i>NEW</i>	3.5
Mini Shrimp skewers w/cocktail sauce - <i>NEW</i>	3.75
Salmon Tartare w/tortilla (available w/service only)	3.5

**Minimum order of 12 pieces
Price per piece

PARTY SANDWICH PLATTER

Consisting of: Egg Salad
Tuna Salad
Homemade Salmon Gravlax & CC
Egg Salad & Tuna Salad doubles

50pcs = 13 of each + 11 doubles	40
100pcs = 26 of each + 22 doubles	75

FUN FOODS

Grilled Cheese	4.5
Mac N Cheese	4.5
Bacon Mac N Cheese	5.5

**Minimum order of 6 persons
Price per person

SANDWICH/WRAP PLATTERS

Choice of:
Tuna
Egg Salad
ALT – Avocado, Lettuce, Tomato
Chicken breast
Turkey
Roasted Vegetables
Smoked Meat
Salami
Brie & Apple
Club – Chicken & Bacon
Ham & Cheese
7
Wraps: Spinach, Red Pepper
Breads: Multigrain Ciabatta, Rye, Pumpernickel
*Gluten Free available on request

Price per person

HOMEMADE SALMON GRAVLAX & BAGEL PLATTER

Our *house cured* salmon Gravlax with cream cheese on St-Viateur sesame bagels served with tomatoes and red onions or pickled red onions. 7.5

*Deconstructed available on request
Price per person

LUNCH BOXES

1: Choice of sandwich or wrap w/side salad (lettuce, tomato & cucumbers), choice of dressing and bottle of water or soft drink 12.5
2: Choice of sandwich or wrap w/side salad (lettuce, tomato & cucumbers), choice of dressing and spinach brownie or homemade granola 13.5

HOT MAINS

**Minimum order of 6 persons

EAST ASIAN

Tofu Pad Thai	9
Thai Style Chicken	9.25
Chicken Pad Thai	9.5
General Tao Chicken	9.65
Szechuan Chicken & Broccoli	9.65
Teriyaki Chicken - <i>NEW</i>	9.65
Lemon Chicken – <i>NEW</i>	9.65
Peanut Butter Chicken w/crispy spinach - <i>NEW</i>	10
Braised Beef Adobo	11
Korean Beef Bulgogi	11
Braised Hoisin Ribs	12
Teriyaki Salmon	12

Price per person

EAST INDIAN

Coconut Butter Chicken	9.25
Tikka Masala Chicken – <i>NEW</i>	9.25

Price per person

MEDITERRANEAN

Mediterranean Style Chicken Cubes	9.25
Roast Chicken Breast w/basil & haloumi Cheese	9.25
Shish Taouk Chicken	9.65
Sumac Crusted White Fish - <i>NEW</i>	10.25
Shakshukkah w/White Fish - <i>NEW</i>	11
Mixed Grill – Beef Kefta & Chicken Shwarma	15.95

*accompanied w/hummus tahini, Israeli salad, Salad cuite, Eggplant salad & Pita

Price per person

ITALIAN

Garden Lasagna	8
Pasta Primavera	8
Eggplant Parmesan	8
Meat Lasagna	8.5
Meatball Parmesan	8.75
Chicken Parmesan	9
Pesto & Herb Chicken Ziti - <i>NEW</i>	9.75
Red Ricotta stuffed Chicken Breast – <i>NEW</i>	10.50
Ravioli Beef & Basil w/red sauce	12.50
Ravioli Veal & Butternut w/Sage & brown sauce	13.25

Price per person

PAN-AMERICAN

Vegetarian Chili	7.5
Meat Chili	8.5
Shepherd's Pie	8.75
Tofu & Rice stuffed bell pepper	8.75
Chicken Fajitas – <i>NEW</i>	9.65
Beef & Rice stuffed bell pepper	10.25
Fish Tacos – <i>NEW</i>	10.25
Chicken Wings (Carolina Heat or Honey BBQ)	

25 Wings: 36 / 50 Wings: 65

Price per person (except wings)

JJ'S SPECIALTIES

Honey Garlic Roast Chicken Breast – <i>NEW</i>	9.25
Jerk Chicken – <i>NEW</i>	9.5
Spinach & Herb Chicken Roll Ups	9.65
Bacon & Brie stuffed Chicken Breast – <i>NEW</i>	10.5
Grilled Shrimp w/Lemon Garlic glaze - <i>NEW</i>	10.5
Chicken Breast w/Mushroom & Asparagus in a white Sauce - <i>NEW</i>	10.75
Lemon & Rosemary Salmon	12
Roasted Pork Loin	12.25
Seared Duck Breast w/red Wine Sauce	14

Price per person

Garden Quiche	13
Quiche Lorraine -Spinach + Bacon – <i>NEW</i>	13

Quiches serves 4-6 people

APPETIZERS & SIDES

Crudit� w/House dip	2.95
Grilled Vegetables	3.5
Vegetable Stir-Fry - <i>NEW</i>	3.5
Roasted Garlic Potatoes	3.5
Garlic Mashed Potatoes – <i>NEW</i>	3.5
Roasted Seasoned Sweet Potatoes	3.5
Chips n Dips*	3.5
Chips n Guacamole	3.75
Nachos (ready to bake)	4
Confit Potato Wedges	4
Assorted Cheese Platter	4.75
Roast Zucchini, Cherry Tomatoes &	
Asparagus Tips w/Lemon Basil - <i>NEW</i>	4.75
Quinoa Salad Blend	3.75
Brown Rice Blend	3.75
Pearl Couscous	4
Broccoli & Cauliflower w/Cranberries,	
Walnuts, & Fresh Herbs	4
Papaya & Carrot Slaw	4
Roasted Tomatoes w/Basil	4.75
Pear, Radish, Cabbage, Apple &	
Parsley Slaw	4.75
Avocado Salad w/Corn, Red Onions &	
Cherry Tomatoes	4.75
Watermelon, Feta & Mint Salad	4.75

*Dips: Hummus, Roasted Red Pepper, Eggplant Salad & Beet Mutabal

**Minimum order of 6 persons

Price per person

SOUPS (Seasonal)

Butternut Squash	
Broccoli Leek	
Mushroom	
Thai Coconut	
Cauliflower Red Pepper	
Corn	
Onion	
Country Tomato	
Vegetable	
	4.25/person
	10/Liter

*All JJ's soups are vegan, gluten free & dairy free

**Soups must be ordered a minimum of 48 hours in advance

FRESHLY SQUEEZED JUICES

Green – Kale, Pineapple & Green apple
Purple – Beets, Carrot, Blackberries/Blueberries & Apple
Orange – Pineapple, Clementine, Apple & Lemon

Liter: 10

**Juices must be ordered a minimum of 48 hours in advance

DESSERTS

**Minimum order of 6 persons

FRUIT

Fruit Platter	3.75
Fruit Salad	3.95
Fruit Skewers	3.95

Price per person

Chocolate Covered Strawberries	2
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Price per strawberry

SWEET BITES PLATTER

JJ's Signature Spinach Brownies	
Homemade Granola bites	
	20 bites 20.95
	40 bites 35.95

DECADENT

Chocolatines, Croissants, Danishes, Muffins	2
Classic Brownie	2.75
JJ's Signature Spinach Brownie	3
Chocolate Mousse w/Fleur de sel	4
Fruit Compote Crumbler w/Granola	4
Mini Chocolate Crepe roll ups	4
Yogurt Parfaits w/Fruit compote & Granola	4
Tiramisu	4.25
Angel Food Chantilly Strawberry Trifle	4.25
Chocolate truffles w/Seasonal Berries	4.5

Price per person/each

FAN FAVORITES

JJ's SIGNATURE SALADS

CAESAR	40
KYOTO	44
JUANA-LISA	45

Serves 12 persons

HOMEMADE SALMON GRAVLAX & BAGEL

PLATTER

Our *house cured* salmon Gravlax with cream cheese on St-Viateur sesame bagels served with tomatoes and red onions or pickled red onions. 7.5

*Deconstructed available on request
Price per person

HOT MAINS

East Asian

Chicken Pad Thai	9.5
General Tao Chicken	9.65
Szechuan Chicken & Broccoli	9.65
Braised Beef Adobo	11
Teriyaki Salmon	12

Italian

Eggplant Parmesan	8
Meat Lasagna	8.5
Ravioli Veal & Butternut w/Sage & brown sauce	13.25

East Indian

Coconut Butter Chicken	9.25
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Mediterranean

Shish Taouk Chicken	9.65
Mixed Grill – Beef Kefta & Chicken Shwarma	15.95

*accompanied w/hummus tahini, Israeli salad, Salad cuite, Eggplant salad & Pita

Pan-American

Meat Chili	8.5
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Chicken Wings (Carolina Heat or Honey BBQ)

25 Wings: 36 / 50 Wings: 65

JJ's Specialties

Spinach & Herb Chicken Roll Ups	9.65
Lemon & Rosemary Salmon	12
Seared Duck Breast w/red Wine Sauce	14

Price per person

CANOPE

Tomato, Basil & Bocconcini skewers w/balsamic red	2.75
Mushroom caps stuffed w/herbed ricotta	2.85
Mini "Wilensky" specials	3.5
Mini Beef sliders w/caramelized onions	3.5

Price per piece

SANDWICH/WRAP PLATTERS

Choice of:

Tuna

Egg Salad

ALT – Avocado, Lettuce, Tomato

Chicken breast

Turkey

Roasted Vegetables

Smoked Meat

Salami

Brie & Apple

Club – Chicken & Bacon

Ham & Cheese

7

Wraps: Spinach, Red Pepper

Breads: Multigrain Ciabatta, Rye, Pumpernickel

*Gluten Free available on request

Price per person

APPETIZERS & SIDES

Grilled Vegetables	3.5
Roasted Garlic Potatoes	3.5
Confit Potato Wedges	4
Assorted Cheese Platter	4.75
Quinoa Salad Blend	3.75
Brown Rice Blend	3.75

Price per person

DESSERTS

Fruit Platter	3.75
JJ's Signature Spinach Brownie	3
Chocolate Mousse w/Fleur de sel	4
Sweet Bite Platter (20 bites/40 bites)	20.95/35.95

Price per person