



Family Dinners Menu

April 2020

Family Meals delivered **daily Monday to Friday**. Inquire about weekend deliveries

2 people special

Meal for 2ppl

1 x Main dish
1 x Side dish

\$30/night* + tx

+ \$12.50 for extra person
* = plus extras

Meal for 2ppl **3+ nights**

(Taken in same week Mon-Fri)

1 x Main dish
1 x Side dish
1 x (30oz) Salad

\$25/night* + tx

+ \$10 for extra person
* = plus extras

4 people special

Meal for 4ppl

1 x Main dish
1 x Side dish

\$45/night* + tx

+ \$10 for extra person
* = plus extras

Meal for 4ppl **3+ nights**

(Taken in same week Mon-Fri)

1 x Main dish
1 x Side dish
1 x (48oz) Salad

\$38.50/night* + tx

+ \$8.50 for extra person
* = plus extras

POULTRY

Chicken Stir-Fry
Thai Style black pepper Chicken
General Tao chicken
Peanut butter chicken
Teriyaki Chicken
Szechuan Chicken & Broccoli
Coconut Butter Chicken
Tikka Masala Chicken
Chicken Parmesan
Pesto & Herb Chicken Ziti
Red Ricotta Stuffed Chicken
Chicken Brochettes
Chicken Fajitas
Chicken Wings (Carolina Heat or Honey BBQ)
Chicken Burgers
Honey Garlic Roast Chicken breast
Hot Chicken Sandwich
Everything bagel breaded Chicken tenders
BBQ pulled Chicken
Shish Taouk Chicken

Turkey Burgers

FISH

Miso Glazed white fish
Teriyaki Salmon (+\$1/pp)
Shakshukkah w/white fish (+\$1/pp)
Sumac crusted white fish
Fish Tacos w/white fish
Lemon & Rosemary Salmon (+\$1/pp)
Fish cakes
Grilled Shrimp w/Lemon & garlic glaze (+\$1/pp)
Salt & Pepper beer battered Shrimp (+\$1/pp)

VEGAN/VEGETARIAN

General Tao Tofu
General Tao Eggplant
Teriyaki Tofu
Teriyaki Eggplant
Chili (3 beans)
Spinach & tofu ricotta Lasagna
Beer battered Tofu
Eggplant Parmesan



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Cont'd

BEEF

Korean Beef Saute (+\$1/pp)
Meatball Parmesan
Beef Kefta w/sauteed onions
Meat Chili with 3 beans
Mini beef sliders (2/p)
Farci Peppers
Shepherds Pie

PASTA

Meat Lasagna
Spaghetti & Meatballs
Penne Carbonara
Bacon Mac n Cheese
Pesto & Herb Chicken Ziti
Bolognese (Macaroni or Spaghetti)

Sides

Brown Rice Blend
Quinoa Salad Blend
Grilled Vegetables
Salad
Roasted Garlic potatoes
White Rice
Roast Cauli & Broccoli
Garlic Mashed potatoes
Coleslaw

Veg. Spring rolls
Veg. Potstickers
Vegetable Stir-Fry
Veg fried rice
Israeli Couscous
Mashed Potatoes w/bacon & grn onions
Soup of the day

NOTES:

- 1- For those ordering 3 or more nights per week, **it is encouraged to place your orders by Sunday evenings.** We will do our best to accommodate with shorter notice, however it would be appreciated with advance ordering.
- 2- A minimum of 24 hours notice is requested for ordering meals
- 3- Delivery times will vary

CONTACT:

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