

Made fresh & delivered to your door, daily!



October 18, 2021

Main Dishes

MONDAY

Chicken Pad Thai - Rice noodles, grilled chicken, peppers, chop suey, egg, coriander **GF**

Tofu Pad Thai - Rice noodles, tamari marinated grilled tofu, peppers, chop suey, egg, coriander **GF**

Honey Dijon Salmon - Alaskan salmon, honey dijon glaze **GF**

TUESDAY

Chicken Fajitas - Tex-Mex chicken, bell peppers, onions, sour cream, flour tortillas **GF* (Except tortillas)**

Fish Tacos - Baked white fish, pico de gallo, sour cream, shredded lettuce, flour tortillas **GF* (Except tortillas)**

Turkey Burgers - 5oz seasoned ground turkey, brioche bun (served with tomatoes, onions and pickles on the side)

WEDNESDAY

Beef Stuffed Bell Pepper - Bell pepper, seasoned beef, rice, herbs **GF**

Tofu & Herb Stuffed Bell Pepper - Bell pepper, seared tofu, rice, herbs **GF, V**

Fish Cakes - Alaskan salmon, white fish, egg, parsley

THURSDAY

Special of the week

Sloppy Joe Kit

Served with a side of: Mac N Cheese & Home Fries

****This is a complete meal****

Additional charge of \$5/person

Baked Ziti Bolognese - Ziti, meat sauce, mozzarella, parmesan

Pesto & Herb Chicken Ziti - Grilled chicken, house made pesto, ziti, herbs

FRIDAY

Chicken in Black Bean Sauce - Grilled chicken, bell peppers, onions, house made black bean sauce

Teriyaki Eggplant - Eggplant, teriyaki sauce **GF, V**

Lemon & Rosemary Salmon - Alaskan salmon, lemon, rosemary **GF**

GF = Gluten Free / V = Vegetarian

info@jjssalades.com / 514-733-7000 / 5847 Ch. Côte des Neiges

www.jjssalades.com

Sides Dishes of the Week

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Vegetable Spring Rolls (4/p) - *Sweet chili sauce V*
Vegetable Potstickers (6/p) - *JJ's soy sesame sauce V*
Peanut Butter Dumplings (5/p) - *JJ's PB sauce V*
Sweet Potato Wedges *V*
Roasted Garlic Potatoes
Mashed Potatoes w/Bacon & Green Onions
Rustic Poutine *V*
White or Brown Rice *GF, V*
Vegetable Fried Rice *GF, V*
Brussel Sprouts w/bacon *GF*

Cucumber Salad *GF, V*
Crispy Spinach *V*
Bean Salad *GF, V*
Sautéed Garlic Greens *GF, V*
Roasted Root Vegetable *GF, V*
Honey Glazed Carrots *GF, V*
Grilled Vegetables *GF, V*
Steamed Vegetables *GF, V*
Vegetable Stir Fry *GF, V*
Soup of the week (Carrot Ginger) *V*

À La Carte

Salad 16oz (Chef Choice)	\$5	Grilled Shrimp (serves 2 ppl) (6/p -16/20) <i>GF</i>	\$23
Salad 30oz (Chef Choice)	\$9	Teriyaki Salmon (serves 2ppl) <i>GF</i>	\$21
Salad 48oz (Chef Choice)	\$11	Jerk Chicken (serves 2ppl) <i>GF</i>	\$20
Caesar Salad dressing bottle <i>V</i>	\$8	Chicken Stir Fry (serves 2ppl) <i>GF</i>	\$19
Miso Sesame dressing bottle <i>V</i>	\$8	Chicken Brochette (serves 2ppl) <i>GF</i>	\$18
Quiche Spinach & Tomato (serves 4-6ppl) <i>V</i>	\$13	Chicken Parmesan (serves 2ppl) <i>GF</i>	\$18
Quiche Garden (serves 4-6ppl) <i>V</i>	\$13	Eggplant Parmesan (serves 2ppl) <i>GF, V</i>	\$18
Quiche Spinach & Bacon (serves 4-6ppl)	\$13	Meat Lasagna (serves 2ppl)	\$18
Beef Chili - 1/2 litre <i>GF</i>	\$7	Garden Lasagna (serves 2ppl) <i>V</i>	\$18
Vegetable Chili - 1/2 litre <i>GF, V</i>	\$7	Spinach, Ricotta Lasagna (serves 2ppl) <i>V</i>	\$18
Quinoa Blend w/vegetables - 1/2 litre <i>GF, V</i>	\$7	Cheese Tortellini with Rosée Sauce (serves 2ppl) <i>V</i>	\$15
Soup of the week (Carrot Ginger) - 1 Litre <i>V</i>	\$10	Beef Shepherds Pie (serves 2ppl) <i>GF</i>	\$16

How to Order

1-Choose your main dish(es)

2- Choose your side dish(es)

3- Email your order to info@jjssalades.com

(remember to indicate the # of people)

4- Add À la Carte /Kid Korner items

(Optional, Additional charges apply)

5- Sit back and wait for your delivery

6- Enjoy

7- Spread the word!

Kid Korner

Mac n Cheese	\$6
Grilled Cheese	\$5
Spaghetti & Tomato Sauce	\$6
Everything Bagel Chicken Tenders	\$7
Mini Cheeseburger	\$5

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Pricing

Determine how many meals / Determine the # of people

1 or 2 meals - same week

1 Main Dish + 1 Side Dish

1 person special: \$20/night

2 person special: \$35/night - \$17.50 per person

3 person special: \$45/night - \$15.00 per person

4 person special: \$50/night - \$12.50 per person

Each additional person +\$12.50/person + tax

3 or more meal - same week

1 Main Dish + 1 Side Dish + **FREE** Salad

1 person special: \$18/night

2 person special: \$30/night - \$15.00 per person

3 person special: \$40/night - \$13.35 per person

4 person special: \$45/night - \$11.25 per person

Each additional person +\$11.25/person + tax

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