

Made fresh & delivered to your door, daily!



September 20, 2021

Main Dishes

MONDAY

Beef Sliders (2/pp) - 2oz Beef burger, caramelized onions, JJ's secret sauce, brioche bun
Turkey Sliders (2/pp) - 2oz Turkey burger, caramelized onions, JJ's secret sauce, brioche bun
Tofu Sliders (2/pp) - Grilled and seasoned tofu, caramelized onions, JJ's secret sauce, brioche bun **V**
Poached Salmon w/Dill Butter - Poached salmon, dill butter **GF**

TUESDAY

Chicken Chow Mein - Seared chicken, mixed vegetables, crispy noodles
Tofu Chow Mein - Seared tofu, mixed vegetables, crispy noodles **V**
Lemony Parmesan Shrimp w/Fettucine - Lemon, butter, garlic, parmesan, parsley, shrimp (5/pp)

WEDNESDAY

General Tao Chicken - Battered chicken breast, general tao sauce
General Tao Cauliflower - Battered cauliflower, general tao sauce **V**
White Fish w/Watermelon Pico - Baked white fish, watermelon pico de gallo **GF**

THURSDAY

Special of the week **Smoked Meat**

Rye bread, pickles & mustard on the side
Served with: Coleslaw & Roasted Potatoes

****This is a complete meal****
Additional charge of \$4/person

Chicken Fajitas - Tex-Mex chicken, bell peppers, onions, sour cream, flour tortillas **GF* (Except tortillas)**

Fish Tacos - Baked white fish, pico de gallo, sour cream, shredded lettuce, flour tortillas **GF* (Except tortillas)**

FRIDAY

Shish Taouk Chicken - Marinated chicken, garlic sauce & pita **GF* (Except pita)**

Grilled Chicken Sandwich - Grilled chicken breast, bun (tomatoes, lettuce & JJ's secret sauce on the side)

Bacon Mac n Cheese - Macaroni, whole milk, butter, cheddar, gouda, mozzarella, bacon

Miso White fish - Baked white fish, miso glaze **GF**

GF = Gluten Free / V = Vegetarian

info@jjssalades.com / 514-733-7000 / 5847 Ch. Côte des Neiges
www.jjssalades.com

Sides Dishes of the Week

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Vegetable Spring Rolls (4/p) - Sweet chili sauce V
Vegetable Potstickers (6/p) - JJ's soy sesame sauce V
Peanut Butter Dumplings (5/p) - JJ's PB sauce V
Sweet Potato Wedges V
Roasted Garlic Potatoes
Rustic Poutine
Polenta Fries V
White or Brown Rice GF, V
Vegetable Fried Rice GF, V

Cucumber Salad GF, V
Watermelon & Feta w/Mint Salad GF, V
Sautéed Garlic Greens GF, V
Roasted Root Vegetable GF, V
Honey Glazed Carrots GF, V
Grilled Vegetables GF, V
Steamed Vegetables GF, V
Vegetable Stir Fry GF, V
Brussel Sprouts w/bacon

À La Carte

Salad 16oz (Chef Choice)	\$5
Salad 30oz (Chef Choice)	\$9
Salad 48oz (Chef Choice)	\$11
Caesar Salad dressing bottle V	\$8
Miso Sesame dressing bottle V	\$8
Quiche Spinach & Tomato (serves 4-6ppl) V	\$13
Quiche Garden (serves 4-6ppl) V	\$13
Quiche Spinach & Bacon (serves 4-6ppl)	\$13
Beef Chili - 1/2 litre GF	\$7
Vegetable Chili - 1/2 litre GF, V	\$7
Quinoa Blend w/vegetables - 1/2 litre GF, V	\$7

Grilled Shrimp (serves 2 ppl) (6/p -16/20) GF	\$23
Teriyaki Salmon (serves 2ppl) GF	\$21
Jerk Chicken (serves 2ppl) GF	\$20
Chicken Stir Fry (serves 2ppl) GF	\$19
Chicken Brochette (serves 2ppl) GF	\$18
Chicken Parmesan (serves 2ppl) GF	\$18
Eggplant Parmesan (serves 2ppl) GF, V	\$18
Meat Lasagna (serves 2ppl)	\$18
Garden Lasagna (serves 2ppl) V	\$18
Spinach, Ricotta Lasagna (serves 2ppl) V	\$18
Cheese Tortellini with Rosée Sauce (serves 2ppl) V	\$15
Beef Shepherds Pie (serves 2ppl) GF	\$16

How to Order

1-Choose your main dish(es)

2- Choose your side dish(es)

3- Email your order to info@jjssalades.com

(remember to indicate the # of people)

4- Add À la Carte /Kid Korner items

(Optional, Additional charges apply)

5- Sit back and wait for your delivery

6- Enjoy

7- Spread the word!

Kid Korner

Mac n Cheese	\$6
Grilled Cheese	\$5
Spaghetti & Tomato Sauce	\$6
Everything Bagel Chicken Tenders	\$7
Mini Cheeseburger	\$5

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Pricing

Determine how many meals / Determine the # of people

1 or 2 meals - same week

1 Main Dish + 1 Side Dish

1 person special: \$20/night

2 person special: \$35/night - \$17.50 per person

3 person special: \$45/night - \$15.00 per person

4 person special: \$50/night - \$12.50 per person

Each additional person +\$12.50/person + tax

3 or more meal - same week

1 Main Dish + 1 Side Dish + **FREE** Salad

1 person special: \$18/night

2 person special: \$30/night - \$15.00 per person

3 person special: \$40/night - \$13.35 per person

4 person special: \$45/night - \$11.25 per person

Each additional person +\$11.25/person + tax

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